

# Northpoint Osteopathy Presents CranioDental 1

## CranioDental 1 Course

***This course is designed to help practitioners with no formal training in Osteopathy in the Cranial Field (OCF) to understand the OCF concepts, the embryological development, anatomy and physiology of the cranial base, vault and face, and to be able to palpate the involuntary motion of this mechanism and how to treat it using the methods that Dr. William Sutherland developed and taught to the osteopathic, dental and medical profession before his passing in 1954.***

**No prerequisite is required except for the desire to learn and develop new skills!**

**Dentists:** Have you ever wondered how growth and orthodontic appliances REALLY influence the skull? Would you like to learn the functional anatomy and be able to literally feel the effects of your work? Northpoint Osteopathy has designed a specialised course for dentists, medical practitioners and osteopaths based on the 30+ years of clinical experience each of our Course Directors, George Stylian and Dion Kulak. This course has a two-fold benefit of being able to truly comprehend, through both intellect and palpation, the effect of dental and orthodontic work and understand how to interpret the functional anatomy of the skull in order to understand patient readiness, suitability and progress.

***“In reality anyone who performs orthopedic procedures is directly affecting the neurophysiology of the entire patient. This is an awesome responsibility and should not be taken lightly and must be treated with a full understanding of the cranosacral system.*** Dr Gerard Smith, DDS

**Osteopaths:** This course is an introductory dive into the concepts surrounding the understanding and the palpatory dimension of Osteopathy in the Cranial Field (OCF). It brings together the two entirely complimentary modalities of dentistry and osteopathy, two professions that can work together to achieve 21st century outcomes with direct new thought and respect for the origins of OCF science and tradition.

This course will allow practitioners to connect and work more effectively with their patients' anatomico-physiological mechanisms and provide a platform for osteopaths, dentists and medical practitioners to work together with challenging and interesting cases!

The Cranio-Dental Paradigm was developed with the intention of bridging the gap between the osteopathic, dental and medical communities and with the need to develop a common language and understanding appropriate to the professions. Based on the principles of Osteopathy in the Cranial Field (OCF) the course provides a relevant, practical and detailed platform for understanding how cranial base strain patterns influence the development and characteristics of the face and occlusion and how these cranial base patterns can be diagnosed and treated by osteopathic, dental and medical professionals, by the execution of specific manual procedures.

The course will give you the intellectual and palpatory skills to be able to understand and connect with Dr Sutherland's work! Cranio-Dental 1 will be taught in 2 streams, "Introductory" which will be run between 26-28<sup>th</sup> of June and "Clinical Applications" which will be run between July 31 and August 2, 2015.

**We look forward to your participation!**

## **OVERVIEW:**

CranioDental A & B courses are designed to teach the medical, dental and osteopathic practitioner, the following:

- embryology, anatomy and physiology and an understanding based on modern research of what Dr William Sutherland experienced and called the Primary Respiratory System
- palpation, assessment and treatment of the cranial base, vault, face, mandible and teeth
- how osteopathy in the cranial field is so connected to the dental paradigm in relation to the development of the face, mouth, tongue placement and thus the interrelated physiological functions of swallowing, mastication and respiration
- how cranial base strains influence occlusion and the consequent development of the above mentioned
- how the practitioner can identify these problems and treat them at their onset as to prevent the development of health problems involving the airways, occlusion and general health; in turn to avoid complicated and expensive treatments later on in life
- how to incorporate this body of work into a dental, osteopathic and medical practice

## **Ongoing support and training**

In our experience of practicing, learning and teaching this work for over 20 years we know that this work requires repetition and guidance. We will therefore be providing ongoing online help, face to face recaps and study groups to help practitioners grasp the concepts and to develop the palpatory skills necessary to master this body of work.

Upon completion of CranioDental A & B practitioners will be able to complete the CranioDental Advanced course, which will include more advanced concepts, embryology, anatomy and palpatory and treatment skills of the cranium, face and jaw and the inter-relationships with the cervical, upper thoracic spine and their adnexa. Issues related to nutrition and how it affects development of the whole health and specifically the face architecture, toxicology, breathing retraining, trauma to the face and body, amongst many other topics will be covered.

All CranioDental programs will have a 4:1 student/practitioner ratio to ensure proper cultivation of palpatory skills, assessment and treatment.