



AACP Australian Chapter presents:

Breathe, Sleep, Myofunctional Therapy, Repeat: Muscle lessons for long life

Sydney, Saturday July 29th 2017

Day and **NEW VENUE**

The Stamford Plaza
Sydney Airport Hotel
241 O'Riordan Street
Corner of Robey & O'Riordan St.
Mascot, NSW, 2020

Cost

AACP Members \$120
Non Members \$220

Running Order

Registration 10.00 -10.30am
Morning session starts 10.30am
Event finishes at 5:15pm

Morning tea, lunch and afternoon tea provided. In the submission form please advise us on any dietary needs you may have.

Register Online

<http://bit.ly/2pTKpGm>

Parking

Parking & transfers

Contact us

conference@aacfp.com.au

Breathe, Sleep, Myofunctional Therapy, Repeat: Muscle lessons for long life

Registration at 10-10.30

Presentations are at

10.30-11.30	Sharon Moore - Sleep Disorders are in Your Face
11.30-12.45	Dr Rohan Wijey - Myofunctional TMD and OSA treatment
12.45-1.30	Lunch
1.30-2pm	AACP Australian Chapter AGM
2.00-3.15	Rochelle McPherson - Ages and Stages of Orofacial Myology
3.15-4.15	Dr Simon Wong - MyoPostural and Removable Appliance Therapy in the Treatment of Dentofacial Orthopedics
4.15-4.30	Afternoon tea
4.30-5.15	Dr Karen McCloy - A Rose is a Rose is a Rose: Except when its not.

**Please note registration is now online
via a link to our website:**

Payment Instructions

Please visit our [REGISTRATION PAGE](#)

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Any further questions please contact us at conference@aacfp.com.au



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Sharon Moore

SLEEP DISORDERS ARE IN YOUR FACE

Sharon Moore is a Speech Pathologist and Myofunctional Practitioner, with 37 years clinical experience across a wide range of communication and swallowing disorders. She has worked in diverse clinical settings in Australia and London.

Currently, she runs a Private Practice in Canberra, servicing referrals from medical and dental specialists, for patients of all ages. The integration of Orofacial Myofunctional principles into traditional Speech Pathology work allows a unique approach to managing disorders of the upper airway, including: breathing, swallowing, chewing, phonation, resonance & speech.

Sharon has a special interest in early identification of craniofacial growth anomalies in non-syndromic children, airway obstruction in sleep disorders and concomitant orofacial dysfunctions. Recently, acknowledgement of the role of myofunctional therapy in management of sleep disorders, hails a new era of relevance for work in the upper airway, and affirmation of her chosen clinical direction. She believes that here has never been a more important time for medical and dental colleagues to work as a team with significant health morbidities of sleep disorders in all ages now widely known.

"SLEEP DISORDERS ARE IN YOUR FACE"

Epidemiological and clinical research is demonstrating the high cost of sleep disorders to society across early intervention, public health and education sectors. Sleep specialists are calling for greater general public awareness, and more active recognition of sleep disorders across all health professional groups. In particular, sleep disorders related to airway obstruction, are relevant to professionals working actively with the oro-facial complex: orthodontists, oral surgeons, ENTs, dentists, dental hygienists, speech pathologists, GPs and many more. There are emerging phenotypes, structural and functional markers in the oro-facial complex, that may serve as a red flag system for recognition of sleep disordered breathing, across the continuum of severity. This presentation will explore some cases that elucidate key issues for oral health professionals with interest in Sleep Disorders.



Dr Rohan Wijey

MYOFUNCTIONAL TMD AND OSA TREATMENT

Dr Rohan Wijey is the Clinical Director of Myofunctional Research Co (MRC) and CEO of the Myobrace Pre-Orthodontic Centers.

His myofunctional orthodontics journey began with MRC in 2007, and he has since lectured across 5 continents and has had numerous articles published in orthodontic and paediatric journals around the world.

As well as practising in orthodontics, Dr Wijey has trained as a myofunctional therapist with the International Association of Orofacial Myology (IAOM) in Colorado, USA and Sao Paulo, Brazil.

Despite his heavy lecturing schedule, he remains very much involved in clinical practice, dividing his time between Myobrace and MyOSA centres owned and operated by MRC in Australia.

MYOFUNCTIONAL TMD AND OSA TREATMENT

TMD and OSA treatment has traditionally been mainly concerned with mechanical solutions to what are biological problems. The root cause of TMD is muscle dysfunction resulting in disc displacement and the condyle being driven into the retrodiscal zone. In terms of OSA treatment, the pharynx is also a muscular organ, whose function must be influenced as well as its dimensions. Myofunctional therapy and appliances must form an important part of our treatment if we are truly going to cure the condition.



Dr Simon Wong

MYOPOSTURAL AND REMOVABLE APPLIANCE THERAPY IN THE TREATMENT OF DENTOFACIAL ORTHOPEDICS

Dr Simon Wong, a Melbourne University graduate from 1991 has practised ever since with interests focused on orthodontics, sleep and craniofacial pain management. He trained under Dr John Mew and Dr Bill Hang and has since developed various techniques of his own to systematise his practice of Facial Growth Guidance Orthotropics. Today Simon also lectures internationally in the field of correcting facial growth and is visiting lecturer and co ordinator of the Orthotropics Module at the Orthodontic post graduate programme, University of Valencia.

Dr Wong's qualifications are: Bachelor of Dental Science, University of Melbourne, Fellow of the International College of Continuing Dental Education (Orthodontics), Orthotropics Master, London School of Facial Orthotropics

MYOPOSTURAL AND REMOVABLE APPLIANCE THERAPY IN THE TREATMENT OF DENTOFACIAL ORTHOPEDICS

The influence of posture in growth and development of the face. Utilisation of these principles to reduce the adverse effects of poor posture and encourage correct growth with a simple exercise programme and removable appliances.



Rochelle McPherson

AGES AND STAGES OF OROFACIAL MYOLOGY

Rochelle McPherson is an Orofacial Myologist.

Rochelle runs her own private orofacial myology practice in Sydney, OM Health, bringing a unique, holistic approach to patient care. She incorporates a team approach with other health professionals to assist in a greater level of health and well-being.

Rochelle is a director and lecturer for the Australian Academy of Orofacial Myology.

Her special interests include, Orofacial Myofunctional Disorders, Craniofacial Pain and Sleep Disordered Breathing.

AGES AND STAGES OF OROFACIAL MYOLOGY
A look into the different therapy approaches for the toddler, teen, TMD and SDB patient, including a hands on practical demonstration for all attendees.



Dr Karen McCloy

A ROSE IS A ROSE: EXCEPT WHEN ITS NOT.

Karen graduated from dentistry in Queensland in 1984, and works in private practice with her husband at Caboolture. She has completed a Masters of Dental Research at Tufts University in 2011, the Masters of Science in Sleep Medicine at Sydney University in 2013, and is a Diplomat of the American Board of Orofacial Pain. She has been married to Russell for over 30 years, but forgets birthdays and anniversaries on a regular basis, so is never sure of the exact figure. She has three children, none of whom want to be dentists.

A ROSE IS A ROSE IS A ROSE: EXCEPT WHEN ITS NOT.
You don't want to be in the middle of a deep breath to smell a rose and then find out that you missed seeing a bee.

This discussion will cover medical conditions that can imitate or cause sleep disordered breathing and myofunctional problems, but will either not respond: or will not respond as well as usual to our treatments.