

## 7th AACCP International Symposium Secrets of Success in Sleep and Pain: A Clinical Guide

AACP Australian Chapter - 7th International Symposium  
Sydney, Friday March 9th – Sunday March 11th 2018  
at The Sydney Harbour Marriott Hotel

### REGISTRATION DETAILS

REGISTER ONLINE at [www.aacfp.com.au](http://www.aacfp.com.au)

### FULL REGISTRATION INCLUDES:

3 Days registration includes entry to all sessions on the day that you are registered for. Morning tea, afternoon tea and lunch each day. Conference bag plus access to the event App. Welcome Cocktail Evening on Friday 9th March 2017.

### FOR CONTINUING PROFESSIONAL DEVELOPMENT THE CPD POINTS ARE:

CPD for 3 days  
Anticipated 20 hours

AACP MEMBER REGISTRATION	\$2095 INCL GST
NON MEMBER EARLY BIRD 1	\$2295 INCL GST MAR 21ST DEC 15TH 2017
NON MEMBER EARLY BIRD 2	\$2395 INCL GST DEC 16TH TO FEB 10TH 2018
NON MEMBER	\$2495 INCL GST FEB 11TH 2018 ONWARDS
PHYSICAL THERAPISTS	\$1320 INCL GST (LIMITED TO 10 SPACES)

### CANCELLATION POLICY

AACP Australian Chapter reserves the right to cancel any portion of the conference if needed. Should you need to cancel the AACP must be notified by February 25th 2018. All cancellations must be received in writing. In this case \$150 will be deducted from your refund. Cancellations after this date will be subject to a 50% fee per attendee.

### VENUE

The Symposium will be held at **THE SYDNEY HARBOUR MARRIOTT HOTEL** - 30 Pitt St Sydney, NSW 2000.

The Hotel is offering **SPECIAL ACCOMMODATION RATES TO DELEGATES**. To secure these rates please visit our website [www.aacfp.com.au](http://www.aacfp.com.au) and book using the customised hotel link. Please note hotel rooms are limited. AACP Australia cannot guarantee accommodation.

### contact us



[www.facebook.com/AACPAustralianChapter](https://www.facebook.com/AACPAustralianChapter)  
[conference@aacfp.com.au](mailto:conference@aacfp.com.au)  
[www.aacfp.com.au](http://www.aacfp.com.au)

[www.aacfp.com.au](http://www.aacfp.com.au)

**AACP Australian Chapter**  
**March 9th - 11th, 2018**  
**Sydney**



**Secrets of Success in  
Sleep and Pain:  
A Clinical Guide**

## Secrets of Success in Sleep and Pain: A Clinical Guide

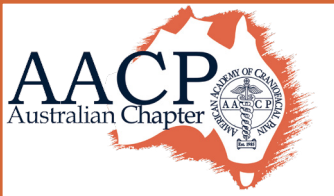
DENTISTRY DEMANDS A LOT FROM YOU. EVERY APPOINTMENT YOU MAKE NUMEROUS CLINICAL JUDGEMENTS THAT AFFECT PATIENT OUTCOMES, YOUR REPUTATION AND THE BOTTOM LINE. TREATING PEOPLE WITH CHRONIC FACIAL PAIN CAN THROW A BIG TORQUE WRENCH INTO THE WORKS. WHILE THERE IS NO COOK BOOK APPROACH FOR DIAGNOSING AND TREATING FACIAL PAIN, SYSTEMS EXIST THAT INCREASE THE EASE OF DIAGNOSIS AND HELP YOU TREAT EFFECTIVELY TO PROVIDE A SUCCESSFUL OUTCOME.

THIS COURSE IS DESIGNED TO DEMYSTIFY CONFUSING ASPECTS OF OROFACIAL PAIN AND SLEEP THERAPIES: ARE YOU CLEAR ON WHEN AND WHAT TESTS TO ORDER? LEARN HOW TO DO A CRANIAL NERVE EVALUATION. CLARIFY READING SLEEP STUDIES AND MRI. LEARN WHICH MEDICATIONS BRING RESULTS. RECOGNISE SOME OF THE UNUSUAL PRESENTATIONS OF SLEEP AND PAIN DISORDERS TO BECOME A MORE EFFECTIVE PRACTITIONER.

AACP AUSTRALIA BRINGS YOU CLINICIANS FROM AROUND THE WORLD TO SHOW HOW TO MAKE PROVIDING PAIN AND SLEEP THERAPY A MORE PREDICTABLE AND ENJOYABLE PART OF YOUR CLINICAL DAY.

[www.aacfp.com.au](http://www.aacfp.com.au)





# Secrets of Success in Sleep and Pain: A Clinical Guide



## JAMES R. FRICTON

Dr. Friction is a Professor Emeritus at the University of Minnesota School of Dentistry with appointments in the School of Public Health and School of Medicine. He is also a Senior Investigator at HealthPartners Institute for Education and Research conducting research on chronic pain. He maintains an active clinical practice as a pain specialist and has over thirty-five years of experience in patient care, research, and teaching in chronic pain and the evaluation and management of complex orofacial pain patients.

## GARY HEIR

Gary is the Program and Clinic Director, Center for Temporomandibular Disorders and Orofacial Pain, Department of Diagnostic Services Rutgers University School of Dental Medicine Newark, New Jersey, and Co-Director and Clinical Professor Rutgers Orofacial Pain Fellowship and Masters in Dental Science Graduate Program. Gary is also a Clinical Professor at Rutgers University School of Dental Medicine, and a Visiting Professor, Faculty of Medicine, Orofacial Pain Team Clinical Hospital University of São Paulo, Brazil. Gary has numerous publications, and has been the Vice Chair, New Jersey Governor's Lyme Disease Advisory Council

## RAFAEL BENOLIEL

Dr Benoliel spent 2 years training in Oral and Maxillofacial Surgery at the University of London before moving to the Dental Faculty at Hadassah- the Hebrew University, Israel. He completed formal, state recognised, Oral Medicine training and subsequently concentrated on orofacial pain. In 1997-1998 he served as Research Associate at the Unit of Neuronal Gene Expression at the NIDCR, NIH, Bethesda. In 2003 Dr. Benoliel was appointed Chair of the Department of Oral Medicine, in the Dental Faculty at Hadassah-Hebrew University. He joined the Dental School at Rutgers in June 2013 as the Associate Dean for Research and is the Director of the Center for Orofacial Pain and Temporomandibular Disorders, and current Chair of the IASP Special Interest Group on Orofacial and Head Pain .

## FERNANDA ALMEIDA

Fernanda Almeida graduated in dentistry from University of Sao Paulo, and received her Doctorate (PhD) at The University of British Columbia, Canada. Dr Almeida is currently an Associate Professor at UBC, and sees patients in a private practice restricted to the treatment of sleep disordered breathing. She has been awarded the WW Wood Teaching Award for outstanding contributions to education of the undergraduate dental students at UBC. She has received the Pierre Robin Award from the American Academy of Dental Sleep Medicine (2011) and the Meier-Ewert Award from the German Dental Sleep Society (2012) for contributions in sleep/dental sleep medicine. She has published over 60 peer reviewed articles and is editor of Sleep and Breathing.

## ANDREW CHAN

Dr Andrew Chan is a Consultant Respiratory and Sleep Medicine Physician. He is a Senior Staff Specialist in the Department of Respiratory and Sleep Medicine, Royal North Shore Hospital, and the Deputy Director of the Centre for Sleep Health and Research, Royal North Shore Hospital. Dr Chan is a Senior Lecturer at the Sydney Medical School, University of Sydney.

## BERNARD KOONG

Bernard is a founding partner at Envision Medical Imaging, a multidisciplinary comprehensive private radiology group in Western Australia and also consults internationally. He is a Clinical Professor at the University of Western Australia. Bernard has presented more than 100 lectures to the dental and medical professions across Australia and internationally. He was Vice Chairman and member of the Scientific Committee of the 33rd ADA Congress, and is the author of the Atlas of Oral and Maxillofacial radiology, and the radiology chapter for the 6th edition of Lindhe and Lang's Clinical Periodontology and Implant Dentistry. He is a contributing author for the Radiology Glossary of Preventive Dentistry and Periodontology (Quintessence Publishing) He is a member of the Editorial board of the Clinical Oral Implant Research Journal.

## RAMESH BALASUBRAMANIAM

Ramesh graduated with a BDSc from the University of Western Australia in 2000 and completed a certificate and Master of Science degree in Orofacial Pain and training in Sleep Medicine at the University of Kentucky. He is a Diplomate of the American board of Orofacial Pain, and completed training in Oral Medicine and a Fellowship in Interdisciplinary Geriatrics at the University of Pennsylvania in 2008. He has numerous peer reviewed publications, and serves as a reviewer for a number of peer-reviewed journals. Ramesh is also a co-editor and co-author of a new comprehensive textbook entitled: "Contemporary Oral Medicine" to be published by Springer in 2018. Ramesh is a Clinical Associate Professor at the School of Dentistry at the University of Western Australia.

## MICHAEL NICHOLAS

Since 1980, Professor Nicholas' main interest has been combining research and clinical pain practice, especially multidisciplinary applications of psychology. This has meant working on many fronts: as a member of Scientific Committee for the 2008 IASP conference; as a reviewer and now an associate editor for PAIN; from 1988-1990 as the inaugural program director, INPUT program at St Thomas' Hospital, London, and, since 1994, at Sydney University's Pain Management Research Institute. He has an active clinical research program with international collaborators, alongside postgraduate pain education through web-based courses, as well as face-to-face training in psychological pain management in many countries.

## MAYOOR PATEL

Mayoor is an experienced practitioner in the area of craniofacial pain, temporomandibular disorders (TMD) and dental sleep medicine. It is Dr. Patel's goal to help dentists around the globe to better understand their role in diagnosing and managing patients with craniofacial pain and TMD as well as providing services in dental sleep medicine. Since 2006, Dr. Patel has been an active lecturer sharing information with dentists from all areas. As a lecturer, Dr. Patel works with other dentists to enhance their practice and expand their experience so that they can continue to offer their patients superior dental health care.

## NELLY HUYNH

Nelly is an Associate Professor at the Faculty of Dentistry, Oral Health Department, at the Université de Montréal and the CHU Sainte- Justine Research Center. Nelly completed her Ph.D at Montreal on sleep bruxism. This was followed by a postdoctoral fellowship in OSA and imaging, in addition to paediatric sleep disorders at Stanford University, and training in epidemiology, and global health at the World Health Organisation in Geneva. She has over 30 peer-reviewed published articles in the field of sleep medicine and dental sleep medicine.

## BILL JOHNSTON

Bill is an ENT surgeon based in Hornsby. He has been in private practice since 2000, and has a special interest in paediatric ENT and the treatment of chronic nasal and sinus issues in both adults and children. Bill commenced his otolaryngology training at Gosford Hospital in 1997 for 12 months. He also trained at Sydney Hospital and Concord Repatriation Hospital and was ENT registrar in 1999 for six months at the Children's Hospital, Westmead. His final year of training was completed in 2000 at Royal Prince Alfred Hospital. Bill undertook a local Fellowship in Rhinology under Associate Professor Raymond Sacks and Dr Martin Forer. He entered full time private practice after this Fellowship in 2002.

## TARA RENTON

Dr. Tara Renton obtained her Master of Dental Science Degree in Oral Surgery from Melbourne University and her PhD on Trigeminal Nerve Injuries from Kings College, London. Today she is a Registered Oral Surgery Specialist and Professor in Oral Surgery at Kings College London. Among other memberships of professional societies, she serves as the President of the British Association of Oral Surgeons and is an elected Board Member of the Royal College of Surgeons. Tara is the editor of four books, 24 book chapters and more than 140 peer reviewed publications. She frequently lectures internationally on a variety of topics, among them Orofacial Pain and Neuroscience, Medical Complexity and the Ageing Population, Third molar surgery and Patient Safety.

## KAREN LUCAS

Karen has been practicing as a Myotherapist in Eltham, Melbourne for the last 24 years. She completed her doctoral studies on the effects of latent myofascial trigger points on muscle activation with a focus on optimising movement performance of the upper limb. Her thesis was judged to be 'at the forefront of international research' by the international examination panel, which included Professor David Simons. She has presented many times at both Australian and international congresses and has taught undergraduate and postgraduate courses to Myotherapy, Massage, Chiropractic, Movement Science and Physical Education students. Her professional interests include the neurobiology of pain and she is about to complete her Masters in Pain Management at the University of Sydney. She is passionate about bridging the gap between research and clinical practice, particularly for manual therapists.

## AACP Australian Chapter

SECRETS OF SUCCESS IN SLEEP AND PAIN: A CLINICAL GUIDE

Program for the AACP 7th International Symposium, Sydney. Sleep and Pain Mini Residency. March 9th-11th 2018

### REGISTRATION

7.45am-8.15am Registration: Main Lobby, Level 2

FRIDAY MARCH 9TH 8.15AM-5.30PM  
MAIN AUDITORIUM

## Examination

8.15-8.30am Presidents Welcome  
DARRYL MOSES

8.30-9.30am Examination for sleep and pain  
MAYOOR PATEL

9.30-10.30am Craniofacial Muscle Pain and Tension - where to start?  
KAREN LUCAS

10.30-11.00 am Morning Tea

11.00-12noon Oral Appliance Design and Titration side effects  
FERNANDA ALMEIDA

12.00-1.00pm Red Flags in a Cranial Nerve Assessment: Why Does Your Patient Have a Crooked Smile?  
RAFAEL BENOLIEL

1.00-2.00 pm Lunch

2.00- 3.00pm. A year in review for dental sleep medicine  
FERNANDA ALMEIDA

3.00-3.30pm Afternoon Tea

3.30- 4.30pm Airway Assessment from Common to Complex  
BILL JOHNSTON

4.30- 5.30pm Orofacial Pain from a Medical Perspective: The Role of Systemic Disease  
GARY HEIR

5.30-7.30pm  
EVENING WELCOME DRINKS

SATURDAY MARCH 10TH  
8.30AM-5.30PM  
MAIN AUDITORIUM

## Diagnosis

8.30-9.30am Diagnostic Imaging for the Patient with Orofacial Pain  
BERNARD KOONG

9.30-10.30am Noises in the Night: Sleep Bruxism and Sleep Disordered Breathing in Children  
NELLY HUYNH

10.30-11.00 am Morning Tea

11.00-12noon When TMD is not TMD  
BERNARD KOONG AND  
RAMESH BALASUBRAMANIAM

12.00-1.00pm Clinical Pathways in Sleep Medicine – A Multidisciplinary Approach  
ANDREW CHAN

1.00-2.00pm Lunch

2.00-3.00 Orofacial Pain a Thinking Sport: Think Before you DO  
GARY HEIR

3.00-3.30pm Afternoon Tea

3.30- 4.30pm. Testing for Orofacial Pain: A Guide for the Perplexed  
RAFAEL BENOLIEL

4.30-5.30pm Diagnosis and Treatment of the Hypersomnolent Patient  
MAYOOR PATEL

SUNDAY MARCH 11TH  
8.00AM-5.30PM  
MAIN AUDITORIUM

## Treatment

8.00-9.00am Transformative Care: Integrating Patient Training and Treatment to Improve Long Term Outcomes  
JAMES FRICTON

9.00-10.00am Psychological Interventions for Orofacial Pain  
MICHAEL NICHOLAS

10.00- 10.30 am Morning Tea

10.30-11.30am 10 Medications I can't Work Without  
RAMESH BALASUBRAMANIAM

11.30-12.30pm Splints Splints Splints: And what to do when they don't Work for Pain and Sleep  
MAYOOR PATEL

12.30- 1.30 pm Lunch

1.30-2.30pm. Orthodontics and Sleep Disordered Breathing  
NELLY HUYNH

2.30- 3.00pm Afternoon Tea

3.00-4.00pm Diagnostic Blocks for the Orofacial Pain Patient  
TARA RENTON

4.00-5.15pm More Scary Stuff: Cases, Cases and More Cases  
GARY HEIR AND  
RAFAEL BENOLIEL

5.15-5.30pm Conference Close  
DARRYL MOSES