



# AACP Australia Chapter presents: Expert Practitioners in sleep and pain, a comprehensive guide to clinical success

Sydney, 25th to 28th July 2019

This four-day course established by Drs. Mayoor Patel and Terry Bennett is designed to educate and encourage a dentist of any ability to better understand and learn the new and exciting treatments for TMD and Obstructive Sleep Apnea.

The course goes in detail about Temporomandibular joint dysfunctions and Dental Sleep disorders and details the correlation of one to the other. After the four days, the registrant should have a good understanding of both disciplines and should be able to start initiating these disciplines into their general practice.

- Many of these patients are currently going undiagnosed in your practice. Learn how to diagnose and treat.
- By learning these new treatments, you will add new profit centers to your practice.
- Self satisfaction achieved by treating many of these patients that have endured debilitating pain for years.
- By learning these new skills, you will be able to offer a total care philosophy to your patients.

## OBJECTIVES:

- Differentiate between Dental Pain, Sinus Pain, Referred Pain and Neuropathic Pain
- Differentiate Direct Pain from Referred Pain and treat each appropriately
- Differentiate between Dental Pain, Sinus Pain, Referred Pain and Neuropathic Pain
- Diagnose Odontalgias and Neuromas; and treat them with Neurosensory Stents using compounded pharmaceutical ointments
- Utilize basic pharmaceutical management of common Orofacial Neuropathic Pains
- Understand when and how to give diagnostic and treatment injections
- Managing and minimizing side effects from oral appliance therapy for obstructive sleep apnea.

- How to review and understand a diagnostic sleep study. What you need to know to treat effectively.
- How to manage a TMJ disorder and obstructive sleep apnea simultaneously.

**DAY 1:** Basic Head, neck and TMJ anatomy as it relates to TMD and Sleep. Neuroanatomy, craniofacial and neuropathic pain syndromes. Comprehensive head and neck examination along with range of motion evaluations as it relates to TMD and Sleep disorders.

**DAY 2:** Radiographic evaluations of plain film and CT imaging, Musculoskeletal and Craniofacial pain and disorders. Appliances used for craniofacial pain and construction of these appliances in your office.

**DAY 3:** Physiology of normal and abnormal sleep along with classification of sleep disorders. Understanding oral appliances for sleep and picking the appropriate appliance. Understanding the correct bite relationship and taking of this bite.

**DAY 4:** Understanding the TMJ and its relationship with SDB, treatment options for OSA, adjunct therapy for pain management. Understanding OSA treatments and how to deal with failures, how to read and understand the PSG and HST.

## BULLET POINTS:

- Estimated that 25-40% of your current practice involves one or more of these disciplines.
- There is a 50-70% correlation of sleep disorders and TMD and good chance if a patient has one of these problems, they will have the other.
- You can provide TMD treatment with an oral device designed to treat a sleep disorder problem.
- Increase your practice profitability without having to add new patients to your practice.
- Learn to market to your patients and other doctors about this new and exciting discipline of dentistry.



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[www.aacfp.com.au](http://www.aacfp.com.au)

# Expert Practitioners in sleep and pain, a comprehensive guide to clinical success

Sydney, 25th to 28th July 2019

## DATES & TIMES

Thursday, July 25th - 28th 2019

## VENUE

Sir Stamford Circular Quay,  
Sydney, Australia

## COST

\$2350 AACP members

\$2650 Non AACP members

## SPECIAL OFFER

\$200 discount for anyone who registers during the March 2019 Symposium - ends Mar 17th

<https://bit.ly/2NYcLdd>

## INCLUDES

4 Days registration includes entry to all sessions for the full three days.

Morning tea, lunch and afternoon tea provided.

In the submission form please advise us on any dietary needs you may have.

## REGISTER ONLINE

<https://bit.ly/2u4Un92>

## CONTACT US

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## MAYOOR PATEL

After receiving his dental degree from the University of Tennessee in 1994, Dr. Mayoor Patel went on to complete a one-year AEGD program. In addition to being a Diplomate in the American Board of Orofacial Pain, Craniofacial Pain, Dental Sleep Medicine and Craniofacial Dental Sleep Medicine, Dr. Patel earned a Fellowship in the American Academy of Orofacial Pain, Craniofacial Pain, the International College of Craniomandibular Orthopedics, Pierre Fauchard Academy, and the Academy of General Dentistry. Additionally, Dr. Patel is the 2nd dentist that has fulfilled the necessary requirements and is a registered polysomnographic technologist.

Dr. Patel had faculty appointments at Tufts University, Augusta University and Atlanta Sleep School. His practice is located in Atlanta, GA and is limited to Orofacial Pain, TMJ Disorders and Sleep disordered breathing.

He has published two consumer books on pain and sleep as well as written numerous textbook chapters. Dr. Patel lectures on topics of orofacial pain and dental sleep medicine both nationally and internationally. He is also the recipient of the 2018 Haden-Stack award presented by the American Academy of Craniofacial Pain.



## TERRY BENNETT

Dr. Bennett graduated from the University of Louisville School of Dentistry in 1977. He is entering his 40th year of private practice with the last 27 being in a practice limited to the treatment of Temporomandibular Joint Dysfunction and Sleep Apnea.

He is a member of several organizations and hold certifications in many of these. He has been extremely active in the American Academy of Craniofacial Pain (AACP) and has served as Program Chair for 4 years and also President for 2 years. He is currently the AACP Institute Director of Education which provides education in TMD and Dental Sleep Medicine. Among the many certifications he has attained are DABCP (Diplomate American Board of Craniofacial Pain), DABCDMSM (Diplomate American Board of Craniofacial Dental Sleep Medicine), DABDMSM (Diplomate American Board of Dental Sleep Medicine), DAAPM (Diplomate American Academy of Pain Management). Dr. Bennett lectures frequently throughout the United States and enjoys this aspect of his professional career.

## BUILD YOUR SKILLS IN OROFACIAL PAIN AND DENTAL SLEEP MEDICINE

### DAY 1

#### Thursday 25th July 2019

8:00 AM - 8:30 AM Registration

8:30 AM - 10:00 AM Applied Anatomy and Neuroanatomy review

10:00 AM - 10:30 AM Tea break

10:30 AM-12:00 PM Basic

Concept of Pain; Science of Pain Discussion requires information about Glia or otherwise continue with applied anatomy/neuroanatomy lecture?

12:00 PM - 1:00 PM Lunch

1:00PM - 2:00PM Comprehensive Head/Neck Examination for pain and sleep

2:00 PM - 3:00 PM Imaging for Craniofacial Pain and sleep

3:00 PM - 3:30 PM Tea break

3:30 PM - 5:00 PM Hands on examination and documentation

### DAY 2

#### Friday 26th July 2019

8:00 AM - 8:30 AM Questions from previous day / Review previous day

8:30 AM - 10:00 AM Dentistry role in sleep medicine and identifying patients within your practice

10:00 Am - 10:30 AM Tea break

10:30 AM-12:00 PM Appliance selection for OSA. The do's and don't (combination therapy)

12:00 PM - 1:00 PM Lunch

1:00 PM - 2:00 PM Understanding treatment failures

2:00 PM - 3:00 PM Managing side effects of OAT

3:00 PM - 3:30 PM Tea break  
3:30 PM - 4:00PM Basic understanding of sleep studies. What a dentist should know.  
4:00 PM - 5:00 PM Case review - Sleep

### DAY 3

#### Saturday 27th July 2019

8:00 AM - 8:30 AM Questions from previous day / Review previous day

8:30 AM - 10:00 AM Overview of commonly seen Musculoskeletal, Neurovascular and Neuropathic conditions

10:00 Am - 10:30 AM Tea break

10:30 AM-12:00 PM Overview of commonly seen Musculoskeletal, Neurovascular and Neuropathic conditions

12:00 PM - 1:00 PM Lunch

1:00 PM - 3:00 PM Taking and Understanding a Pain History

3:00 PM - 3:30 PM Tea break

3:30 PM - 5:00 PM Diagnostic injections - How and when

### DAY 4

#### Sunday 28th July 2019

8:00 AM - 8:30 AM Questions from previous day / Review previous day

8:30 AM - 10:00 AM Orthotic therapy

10:00 Am - 10:30 AM Tea break

10:30 AM-12:00 PM Pharmaceuticals for Orofacial Pain

12:00 PM - 1:00 PM Lunch

1:00 PM - 3:00 PM Triaging treatment for pain and sleep

3:00 PM - 3:30 PM Tea break

3:30 PM - 5:00 PM Interactive case learning