

# DENTAL SLEEP MEDICINE INTRODUCTORY SEMINAR



**PRESENTER:**

**Leopoldo p. Correa, BDS, MS.**

Dr. Correa is Associate Professor, Director of the Dental Sleep Medicine Fellowship Program; Co-Director of the DSM Mini-Residency Program, and director of the DSM Comprehensive Introduction (CE programs) at Tufts University School of Dental Medicine. Dr. Correa is committed to supporting academic learning as well as clinical practice and has worked as a faculty member at the Tufts University School of Dental Medicine for over 15 years. During this time, Dr. Correa worked alongside faculty members to maintain the highest level of excellence in patient care and chair-side training for residents and dental students. He is a Diplomat of the American Board of Dental Sleep Medicine and received his Master's of Sciences Degree at Tufts University. Dr. Correa teaches Dental Sleep Medicine into the pre and postgraduate programs at Tufts University and has participated as a speaker in the USA, Europe, Asia, and Latin-America. **Email:** [leopoldo.correa@tufts.edu](mailto:leopoldo.correa@tufts.edu)

**DATE:** Saturday 12 May 2018

**VENUE:** Rydges Sydney Central  
28 Albion St, Surry Hills NSW 2010

**TIME:** Registration 8:15am  
Seminar 9:00am - 4:00pm

**COST:** \$595+GST Early Bird Special (by 31 March 2018)  
\$595+GST SCD Customers  
\$695+GST Full Price

**CPD POINTS:** 5 CPD points

## SEMINAR OVERVIEW

Tufts University Department of Continuing Education is pleased to bring to Australia its informative seminar in Dental Sleep Medicine (DSM). This seminar is intended for dentists looking to take the first steps towards learning and understanding the practice of DSM and will serve as an excellent precursor towards an extended Comprehensive Introduction Program to be offered later this year in Sydney.

Obstructive sleep apnea (OSA) is a chronic condition characterised by frequent episodes of upper airway collapse during sleep. Its effect on sleep quality, daytime fatigue and sleepiness are widely acknowledged. OSA is recognised as an associated risk factor for the development of hypertension, coronary artery disease, cardiac arrhythmias, stroke, and insulin resistance among others conditions.

Current practice guidelines recommend that dental management of OSA patients with mandibular advancement devices (MADs) should be overseen by practitioners who have undertaken training in sleep medicine and sleep-related breathing disorders with an understanding in clinical protocols for diagnosis, treatment, follow-ups.

## SEMINAR OBJECTIVES

- Participants will obtain information about the impact of sleep disorders on public health; pathophysiology, risk factors, and treatment options of OSA.
- Gain an Understanding of patient and MADs selection through Clinical cases based learning.
- Recognise the need for an interdisciplinary approach to the management of OSA.
- Future learning opportunities to be discussed.

At the end of the seminar, participants will gain an understanding about the Dentist's role in the interdisciplinary approach for the management of OSA patients and recognise the importance of integrating into practice updated clinical guidelines and protocols.

**HOSTED BY:**

# Agenda

Saturday 12 May 2018

---

## Time

**8:15am – 9:00am**

### **Registration**

9:00am – 9:15am

Welcome and Remarks

9:15am – 10:30am

### **Dental Sleep Medicine**

A Historical Overview

Dentist's Role in the Management of OSA

**10:30am – 11:00am**

### **Coffee Break**

11:00am – 12:30pm

### **Overview of Sleep Apnea**

Risk Factors and Consequences

Diagnosis and Treatment

**12:30pm – 2:00pm**

### **Lunch**

2:00pm – 3:30pm

### **Clinical Guidelines and Protocols**

Updated Clinical Guidelines

Update on Oral Appliances for OSA

Clinical Cases Based Learning

3:30pm – 4:00pm

### **Upcoming Learning Opportunities**

Overview of Tufts CE courses coming to Sydney

**4:00pm**

### **Conclusion**

HOSTED BY: